

Bell and Bullock Circus Theatre Workshops - Risk Assessment

Training	Identify risk	Who is at risk	Level of risk (Low - High)	Required Action
General Circus Skills	Being struck by juggling equipment. Collisions and falls.	All	Low	1) Inform participants that we are the workshop leaders, briefly explain the aims of the session and remind them that safety is all-important and everyone's responsibility. 2) Establish if anyone in the group has any ailments/injuries or problems of which we should be informed. 3) A thorough physical warm-up will precede each session and all activities will be thoroughly explained, including safety techniques, to the whole group before anyone attempts any activities.
Unicycling	Falling off.	All	Medium	1) Falling off is part of learning to ride a unicycle. We teach techniques for falling safely and advise the group to try some controlled practise falls first. 2) Establish designated working areas. 3) See General Circus Skills.
Walking on Tie-on Stilts	Falling over.	All	Medium	1) Establish designated working areas. 2) Use of protective Knee Pads 3) One to one activity with helper. 4) See General Circus Skills.
Tightrope	Falling off.	All	Medium	1) Have helper present, to supervise, at all times. 2) Establish designated working areas. 3) See General Circus Skills.
Balancing/ Pyramid Building	Falling over. Muscle Strains.	All	Medium	1) Trust and negotiation games are played to build care and respect for others. 2) Use of gym mats to cushion any falls 3) See General Circus Skills
Theatre Games	Collisions and Falls.	All	Low	1) Trust and negotiation games are played to build care and respect for others. 2) See General Circus Skills.

Walking on Tie-on Stilts only taught by prior arrangement, during longer sessions.